

Lunch Menu

Pre-K Menu

February
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Fluffy Whole Grain Pancakes 
Syrup
Turkey Sausage Patty
Steamed Peas
Cucumber Coins
Applesauce

MEATLESS MONDAY

6 Soft Tacos
Black Beans
Salsa
Chilled Red Pepper Strips
Fresh Orange




7 Sweet & Sour Chicken Sauce & Toss 
Brown Rice Pilaf
Green Beans
Sliced Peaches


1 Chicken Parm
"Poppers" Over Pasta 
Side Salad
Steamed Carrots
Fresh Apple



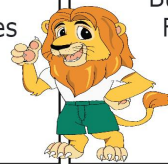
2 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 
Roasted Broccoli
Fresh Baby Carrots
Fresh Banana

12 Cheesy Stuffed Bread Sticks 
Steamed Peas
Fresh Baby Carrots
Applesauce



MEATLESS MONDAY

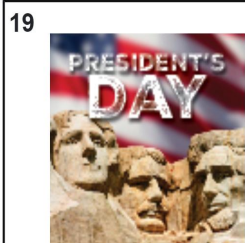
13 Cheese Quesadilla 
Salsa
Grape Tomatoes
Fresh Orange


14 Crispy Popcorn Chicken
Baked Sweet Potato
Celery
Sliced Peaches



15 Chicken Bowl with Gravy
Mashed Potatoes
Buttered Corn
Fresh Apple

16 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  
Steamed Broccoli
Fresh Banana




19 PRESIDENT'S DAY
20 Soft Tacos 
Salsa
Shredded Cheddar Cheese
Chilled Red Pepper Strips
Fresh Orange



21 Chicken Nuggets
Dinner Rolls
Green Beans
Sliced Peaches

22 NY Beef Burger
Sweet Potato Fries
Fresh Baby Carrots
Fresh Apple

23 French Bread Pizza 
Romaine Lettuce
Ranch Dressing
Fresh Banana

26 Turkey Sandwich
Cheez-Its
Cucumber Coins
Steamed Peas
Applesauce

27 Homemade Mac & Cheese  
Steamed Carrots
Fresh Orange

28 Chicken Nuggets
Dinner Rolls
Green Beans
Sliced Peaches



29 Meatball Sandwich
Crispy Potato Puffs
Fresh Baby Carrots
Fresh Apple

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Choice of 1% White Milk, Skim Milk or Fat Free Chocolate Milk

If You have any question's or would like more information please contact

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All grains offered are whole grain

Sloppy Joe- ground beef

Meatball Sub- chicken meatballs

Soft Taco- seasoned ground beef Or chicken

